

## **BEST PRACTICE – I**

### **1. Title of the Practice : JAGAR (The College Extension Programme)**

The meaning of Marathi Word JAGAR is to awake, aware to the society. JAGAR The College Extension Programme is an extension programme, an integral part of Social Work education. The College aspires to focus on the overall personality development of the students along with the academic excellence. It is one of the best practices used to realize the goals of the College - the empowerment of urban, rural and tribal society and bringing about social changes.

### **2. Goal**

The objectives of JAGAR (The College Extension Programme are)

- The Main goal is to give platform for student to develop their skill and technique to address social problems, issues through using integrated Social Work practice
- Sensitizing people on social issues and mobilize people towards social justice and development.
- To provide social dimension to the educational system of the College and inculcate social responsibility and commitment in students
- To bring forth the team spirit and leadership qualities of the students and broaden their social outlook that will help them work for the welfare of the community
- To restore gender equity and make available equal opportunities to emerge full-fledged and take up new ventures
- Networking with social institutions for strengthening social system of society.

### **3. The Context**

In this context it is important to help students understand the social issues and problems which will further help them in creating awareness the in society. Today's students are tomorrows professional Social Workers and bear the responsibility of bringing about social change. Social Work strongly believes that it is important to work with the marginalized and weaker sections of the society. Hence it is imperative on the part of the College to extend their service and give exposure which is the dire need of the people. JAGAR is dauntless in launching well-planned activities

### **4. The Practice**

JAGAR is a programme, unique in its context and practice. Various activities are carried out in this Program. Which help students to build personality, self confidence and motivate other students to overcome from introwords situation.

Mainly carried out following programs are listed below.

- 1) Jagar – Annual social magazine
- 2) Annual social gathering (cultural programme)
- 3) Meticulous survey to identify the needs of the society.
- 4) Realistic assessment of available resources and drafting viable plans
- 5) Activities undertaken by the students with the co-operation of the GOs, NGOs for the development of society

By this program student got chance to develop their creativity, ability of thinking, humanity and friendship among the students. The target groups in the society face several problems regarding access to education, health facility, drinking water supply, power supply and transport. The student volunteers of each class are taking up different tasks to reach specified target. The students are assigned the tasks related to Environment, Health and Hygiene, Education, People's organization, Application of Knowledge and Liaison with Government Agencies. Organizing awareness camps, rallies, street play, poster exhibition, meetings, conducting competitions and screening documentaries are the common techniques adopted by all the groups to perform their tasks and realize their goals.

Main activities taken in these extension activities are –

- **Issue Base Annual Magazine:** A very important, useful and informative activity of the College is the publication of —“JAGAR’ an Issue based magazine. This magazine is being published every year since the last three year. The magazine focuses on one current problem every year and the students and staff write articles, poems on that specific issue. This magazine is very useful to the Social Work students for creating awareness on the social problems and it also provides an opportunity to develop their writing and contemplating ability.
- Annual social gathering ‘JAGAR’ is also a unique cultural event in which various cultural events presented by the students are related to social aspect. The script of the programme written by students themselves, which is also related on social issues
- In social awareness programme, giving environmental education, advocating sanitation and makes a survey of health problems and gives required guidance.
- The student propagates literacy programmes, non-formal education, readmitting dropouts and encouraging people to watch educational programmes.
- The student forms Youth Club, Women's Club. They also focus on the application of knowledge acquired by students in their respective subjects to the people in the work area. They liaises with different

Government Agencies like District Rural Development Agency, Social Welfare Board, Block Development Office, Panchayat Office, Health Department, NRHM, MSACS, and various NGOs working on social issues to get their needs fulfilled.

The highlights of the work done by the students are as follows:

- Students conduct awareness programmes through street plays and dramas and programme to develop reading and writing skills of the school children.
- Students use poster exhibition on the current issues related to society.
- Students highlight the social issues of the villages and the country at large and instill patriotism to promote peace and harmony in the society.
- Students create awareness of the causes of diseases, suggest preventive measures to promote health and hygiene and provide tips for nature conservation by arranging health camps.
- Students give training with help of MCED, DIC to develop skills on handicrafts and develop entrepreneurial skills of the people.
- Consolidated report of all the activities are submitted at the end of academic year.

#### **Evidence of Success**

- JAGAR (The College Extension Programme) is running successfully by the students and various programs are organized every year and popularity of this programme is increasing in positive direction. The evidence of the success of the programme is available in the form of photos of the various programs, news published in the news papers, etc. Number of participant increasing every year is one of the best evidence of success of the activity.
- 'JAGAR' College magazine gets university level awards
- 'JAGAR' social gathering makes its special identity in society.

#### **Outcome (Target Groups)**

The services of JAGAR (The College Extension Programme) have yielded satisfactory results to various disciplines with their hard labour and selfless service. The outcome of the outstanding performances is highlighted below:

- Created good rapport with the village leaders and the people
- College is getting fame as a mediator between Government and people
- Imparted social and moral values
- Helped to create healthy and pollution - free society
- Created opportunity for sharing the knowledge and experience of the senior citizens

- Enabled people to avail the Government Welfare schemes like widow's pension, Voters ID, ID for the differently-abled etc.
- Given awareness of fatal diseases like AIDS and T.B.
- Tackled health hazards by maintaining good health and hygiene
- Eradicated illiteracy by encouraging the school dropouts for readmission at schools

#### **Outcome (Students)**

The students engaged in JAGAR (The College Extension Programme) enjoy rich rewards of social service as it enriches their personality.

- They have been exposed to social problems.
- They have been aware of their responsibilities and commitment to the society.
- The peer group relationship has been improved.
- The volunteers have acted as instruments in bringing about social transformation.
- They have use Social Work methods in integrated manner for working on social issues.

#### **Noteworthy highlights**

- The following are some of the awareness programmes conducted by Jagar
- Blood donation camp is arranged every year in which awareness about importance of blood donation is conveyed to the peoples through street plays.
- Health camps such as Eye check up, Heart check up, Hemoglobin check up for women are arranged for people with help of the various expert agencies.
- Women empowerment is the key aspect of JAGAR in which creating and reviving SHG, Health Check-up, enlightening programmes are arranged.
- School dropout is the problem in government schools, students have worked on it they visit to dropout student's house meet their parents tells them importance of education which helps to reduce school dropouts.

#### **5. Problems encountered and resources required**

JAGAR (The College Extension Programme) has found the public reluctant to involve themselves in the extension activities proposed by the College because of inadequacy of time and the necessity to earn their livelihood through hard labour. Exhaustion and lack of interest are the major impediments for their inability to participate in the welfare activities.

**7. Contact Details**

Name of the Principal : Dr. Yashawant Govinda Mahajan  
Name of the Institution : Dhanaji Nana Chaudhari Vidya  
Prabodhinis LMC College of social  
work Jalgaon  
City : Jalgaon Pin Code: 425 001  
Accredited Status : 'A' Grade (CGPA 3.02)  
Work Phone : 0257 2221302 ,  
Fax: 0257 2222714  
Website : [www.lmccsw.edu.in](http://www.lmccsw.edu.in)  
E-mail : [cswjal@gmail.com](mailto:cswjal@gmail.com)  
Mobile : 09823234134

## BEST PRACTICE – II

1. **Title of the Practice :** Nature Club

2. **Goal:**

1. To create awareness among the students about the environmental issues.
2. To teach students skills and techniques for the proper use of natural resources
3. To promote the need of sustainable development among students and society.
4. To enable students to think and act as environmentalist.
5. To inspire students to think in innovative way to solve environmental problems.

3. **The Context:**

The goal of Nature club is to instil eco-friendly values and develop skills and tools necessary to understand and appreciate the symbiotic relationship among humans, their culture and their bio-physical surrounding and thereby reaffirm an environmental ethics built on interdependence and interrelationship with the mother earth. The ultimate aim is 'Green consciousness for green learning and green living' More specifically, it aims at radically transforming current consciousness and thereby promoting and enhancing green consciousness among students, staff and various stakeholders by showcasing models of green behavior and practices

4. **The Practice:**

- I. **Green Campus:** Greening the environment is a priority activity that the institution is undertaking with the firm conviction that the environment shapes our consciousness, learning practices and life itself. In which we plant trees in and outside the campus with the help of students through various activities.
- II. **Environmental Tour (Nisarga Sahal):** Under this project every year we organize one or two day environmental tour for students. In this tour we give exposure to students about environmental issues and beauty of nature.
- III. **Nature Book:** This book is compendium made by student in which they collect articles, news, photos and information related to beauty of nature and environmental issues.
- IV. **Eco-Models:** To enhance the creativity among the student we organize competition in College. In this competition student make models and posters based on environmental issues such as solar energy, roof/rain water harvesting, health and hygiene, pollution, water conservation etc.

- V. Practice of Welcoming Guests with a Plant:** The Institute has a practice of welcoming guests on the campus not with a bouquet of flowers but with a plant in the pot.

**Other activities undertaken by the Nature Club for creation of Environment awareness are:**

- Organizes seminars & lectures on contemporary environmental issues to increase the environmental awareness of the students.
- Organizes regular Poster Exhibition and Environmental & health awareness camp in collaboration with Governmental and Non Governmental Organizations.
- The wall magazine of the Eco Club, is being published 4 times a year
- Students participation in Seminar on “Global Warming” organized by the Arts, Com. & Science College Jalgaon in 2012-13
- The Founder President of the Dhanaji Nana Chaudhari Vidya Prabodhini Jalgaon, Late Shree Loksevak Madhukarrao Chaudhari (Hon.Ex. Speaker, And Minister Maharashtra Legislative Assembly.) has actively participated to make the Bio-diversity in Tribal region of Satpuda ranges at Pal Tal. Raver, District Jalgaon, of Maharashtra State, with him College of Social Work’s Staff and Students also actively participated in which Drives like Various Surveys, Awareness campaign, Tree Plantation, Water Conservation etc. by this initiative taken by the College to create environmental consciousness among the students.

**5. Evidence of Success:**

There is a general change in the attitude and behavior of the students which is pro environmental and has enhanced sensitivity to nature. They have started taking personal ownership in greening the campus and field work places, maintaining its biodiversity and following up green practices. Students were able to cultivate a considerable amount of vegetables and plant newer varieties of plants at their home. The students were able to sustain the interest in gardening and environment management. Due to impact of our programme our students through field work practice make aware to community. We provide the models and posters to various agencies for Exhibition which is created by our students under Nature Club.

**6. Problems Encountered and Resources Required:**

- Limited number of students: The College has only one PG and one UG courses and the maximum number of students per year is 40 for UG and 60 for PG, which constrains planning of projects and ensuring its continuity.
- Irregular pattern of semester system and the exam schedules.

- Financial Constraints: limited financial flow affects the quality and quantity of work.
- Lack of specific and/or specialized knowledge in the area of climate, soil, saplings and manure also affected the practice.

### **Resources Required**

- Availability of experts with specific knowledge
- Free flow of financial assistance
- Incentives to student groups for successful showcasing of activities
- Special classes can be arranged for the students to inculcate the necessity of such programmes and the importance of their participation
- More involvement of the stakeholders and local authorities required

### **7. Contact Details**

Name of the Principal	:	Dr. Yashawant Govinda Mahajan
Name of the Institution	:	Dhanaji Nana Chaudhari Vidya Prabodhinis LMC College of social work Jalgaon
City	:	Jalgaon Pin Code: 425 001
Accredited Status	:	'A' Grade (CGPA 3.02)
Work Phone	:	0257 2221302 , Fax: 0257 2222714
Website	:	<a href="http://www.lmccsw.edu.in">www.lmccsw.edu.in</a>
E-mail	:	cswjal@gmail.com
Mobile	:	09823234134