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DHANAJI NANA CHAUDHARI VIDYA PRABODHINI'S

LOKSEVAK MADHUKARRAO CHAUDHARI COLLEGE OF SOCIAL WORK, JALGAON

Affiliated to North Maharashtra University

Accredited 'A' Grade Institute by the NAAC

BEST PRACTICE – I (2021-22)

1. Title of the Practice- JAGAR (The College Extension Programme):

The meaning of Marathi word JAGAR is to 'Awaken the society'. The College has organized JAGAR an extension programme, an integral part of Social Work education. The College aspires to focus on the overall personality development of the students along with the academic excellence. It is one of the best practices used to realize the goals of the College - the empowerment of urban, rural and tribal society and bringing about social changes.

2. Objectives of the Practice

- To provide platform for student to develop their skill and technique to address social problems, issues through using integrated Social Work practice
- ♣ To sensitize people on social issues and mobilize people towards social justice and development.
- → To provide social dimension to the educational system of the College and inculcate social responsibility and commitment in students
- → To bring forth the team spirit and leadership qualities of the students and broaden their social outlook that will help them work for the welfare of the community
- → To restore gender equity and make available equal opportunities to emerge full-fledged and take up new ventures
- ♣ To network with social institutions for strengthening social system of society.

3. Context

In Covid-19 situation, it significant to help students understand the social issues and problems. Community experiences and self-experiences are helpful for students to grow as a true social worker. That further help them in creating awareness in society. Today's' students are tomorrows professional Social Workers and bear the responsibility of bringing about social change. Social Work strongly believes that it is important to work with the marginalized and weaker sections of the society. Hence it is imperative on the part of the College to extend their service and give exposure which is the dire need of the people. JAGAR is dauntless in launching well-planned activities in such pandemic.

4. The Practice

JAGAR is a programme, unique in its context and practice. Various activities are carried out in this Program which help students to build personality, self-confidence and motivate other students to overcome from critical or fearful situation of pandemic. The covid -19 pandemic and lockdown was the limitation for the mobility of students and teachers to organize activities. But still the college took initiatives and motivates teachers and students to do field activities at their neighbouring places for health awareness and care.

Mainly carried out following programs are listed below.

The academic year 2021-22 generally started in July-august but then due to Covid-19, all the work activities of the college was started online. Under restriction of Government to control spread of covid-19 college activities were started in the second semester. During this period there were many restrictions due to omicron a new variant. Among the restrictions JAGAR

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annual gathering was postponed.

Issue Base Annual Magazine: A very important, useful and informative activity of the College is the publication of "JAGAR' an Issue based magazine. This magazine is being published every year since 2000. The magazine focuses on one current problem every year and the students and staff write articles, poems on that specific issue. Year 2022 is the 75th anniversary of India's independence and this year is celebrated as the Amrit Mahotsav of Independence. Correspondingly, the theme for the magazine in the academic year 2021-22 has been decided as "Amrit Mahotsav of Independence and Contribution of Social Reformers" was the issue selected by the committee. This magazine was very useful to the Social Work students for creating awareness on the social problems and it also provided an opportunity to develop writing and contemplating ability.

- In social awareness programe,
 - 1. Used various PRA tools for people's participation & decision making at community level
 - 2. Participated and studied Gram Sabha on Independence Day.
 - **3.** Organized the lecture for women on Domestic violence Act. And POSCO Act Lecture delivered by Smt. Vidya Sonar, Social activist, Jalgaon.
 - **4.** Organized the lecture for 10 th students on How to face the 10 th exam lecture delivered by Prof. Jugal Ghuge, Jalgaon.
 - 5. Organized the poster exhibition on 75 years Amrit Mahotsav of Independent India.
 - **6.** Organized the awareness Programme on Swachh Bharat Abhiyan, VyasanmuktiAbhiyaan, through Street play.
 - 7. Survey on Dropout students
 - **8.** Organized the hemoglobin Checking camp for women's and girls
 - 9. Organized the Plantation Programme with the help of villagers.
 - 10. Various activities for the support of concurrent field work.
- Immunization Programme- This programme was organized by our college in collaboration with Chatrpati Shahu Maharraj Govt Hospital against Covid-19 for benefit of local community near college campus. Total 70 adult residents from the nearby place were benefitted.
- Mental Health Awareness Programme- The session for the staff and students of the college were organized in collaboration with Govt Medical College Jalgaon. The civil surgeon and team was the resource person for the session. It had special focus on post Covid-19 stress management.
- Street Play- To create awareness among people in the society, college students presented a street play based on the concept of JAGO CONSUMER JAGO. The street play was given a very excellent response by various members of the society in the college premises. Through the street play, awareness was created that people should be aware of their rights while shopping so that they should not fall prey to advertisement.

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- **Public Lecture** Taking into consideration the increasing rate of addiction among today's youth the villagers were enlightened by presenting public awareness on the topic of Addiction recovery in the village of Tarsod under the field work .on this occasion Dr. Nitin vispute president of Chetna Addiction Society ,Jalgaon, guided the villagers on the side effects of addiction. a large number
- Women's health camp at remote areas -On the occasion of international women's day on 8th march, a women's health camp was organized by the village pal, in which the tribal women of surrounding padas such as Aabhoda,, Garkheda, Nimdya ect. in the pal area were provided the benefit of health. All the tests were done like hemoglobin, blood group, Menstrual problems in women, Breast cancer pre-test, amniotic sac examination etc, Dr. Ketaki Patil of Godavari foundation Jalgaon and her entire team were present for the health screening. Total 60 women were screened through this camp for further referral and prescriptions.
- Preliminary design of Nakshatra Vana In the college BSW and MSW first year rural camp and NSS camp were organized at Satpuda Vikas Mandal, Pal. In this seven day camp students cleaned seven acres in Nakshatra udyan at Pal village and planned a Nakshatra forest. There are total 27 nakshatras and each Nakshatra has a specific tree, all these trees are medicinal plants. In future, these medicinal plants will be planted at this place.

5. Evidence of Success

- 1. Through the street play, awareness was created to aware of people's rights while shopping so that they should not fall prey to advertisement.
- 2. Around 50 to 60 women were screened through this health camp for further referral and prescriptions.
- 3. Nakshatra forest was planned and leveling of ground with demarcation land was done in collaboration with KVK Pal. In future, medicinal plants will be planted at the same location.

6. Problems Encountered and Resources Required

- In new normal situation after Covid students were under stress. Students were fearful and unable to focus on the tasks or study. Their attitude and behavior were more aggressive.
- New trends and technology were essential to overcome the bad effects of Covid 19 in teaching learning practices.

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Best Practice - II

- 1. Title of the Practice: Nature Club
- 2. Goal:
- To create awareness among the students about the environmental issues.
- To teach students skills and techniques for the proper use of *natural* resources
- To promote the need of sustainable development among students and society.
- To enable students to think and act as environmentalist.
- To inspire students to think in innovative way to solve environmental problems.

3. The Context:

The goal of Nature club is to instil eco-friendly values and develop skills and tools necessary to understand and appreciate the symbiotic relationship among humans, their culture and their bio-physical surrounding and thereby reaffirm an environmental ethics built on interdependence and interrelationship with the mother earth. The ultimate aim is 'Green consciousness for green learning and green living' More specifically, it aims at radically transforming current consciousness and thereby promoting and enhancing green consciousness among students, staff and various stakeholders by showcasing models of green behavior and practice

4. The Practice:

- I. Green Campus: Greening the environment is a priority activity that the institution is undertaking with the firm conviction that the environment shapes our consciousness, learning practices and life itself. In which we plant trees in and outside the campus with the help of students through various activities.
- II. Environmental Tour (Nisarga Sahal): Under this project every year we organize one or two day environmental tour for students. In this tour we give exposure to students about environmental issues and beauty of nature. In the academic year 2021-22 students environmental tour was conducted at Pal, a place 90 km from Jalgaon. Pal village has a large tribal community. In this tour the students got to know about the house of the tribal, how their water storage system is, their clothes, ornaments, and also learned about their family system, marriage system by discussing about the tribal. The students presented and created awareness about the forest-based businesses of the tribal and also observed the trees like bamboo ,behada, acacia ,nilgiri, devadar ect. The students also observe how rope is made from banana trunks at satpuda vikas mandal in pal .and also student learned about how vermicompost is prepared.
 - **III Poster competition exhibition** On the occasion of 75 years of India's independence in 2022, a poster competition exhibition based on the Amrit Mahotsava of independence and swachhata abhiyan was organized in the college in which students of BSW and MSW participated.
 - **IV** Tree Plantation- Due to the effect of Covid-19, the students were not able to move around the village, so in the academic year 2021-22, through the nature club, the students planted trees in the area where they live and conserved those trees .mango, tamarind, wad, pimpal trees were planted by the students in their area.



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V Swachhata Abhiyan-In the academic year 2021-22, through Nature Club, the student conducted a swachhata abhiyan in their locality, roads, and clinics, house premises.

VI PAPER CUTTING POJECT (Katran project): This project was organized with the view of inculcating interest in reading among student and making them habit of reading. In this, students should take a topic in any field of health based ,on economic, social, educational, environment and collect clippings based on that topic through newspaper, magazine or internet and then collect all the clipping together .this project was implemented in such a way as to prepare a book and write detailed information about it.

This year, students have prepared cutting projects based on different topic such as Indian festivals, Tourism, Information about various districts on Maharashtra, information about various plants, fruit trees, flowers, animals, Birds, Spices, various games.

5. Evidence of Success

The programs were organized by Nature Club on social issues on the eve of Amrit Mahotsav of Freedom and Swachhta Abhiyan. The students of BSW and MSW classes participated in the competition. The program was inaugurated by Principal Dr. Rakesh Chaudhari and coordinated by Mr. Kishor Bhole. The photographs were documented as evidences of the practice. Link for the same is given below

https://drive.google.com/file/d/16i0K3RhKlW0GOC7BaT9itLYDB-RcFvFQ/view?usp=sharing

6. Problems Encountered and Resources Required

In post Covid-19 environment, student's spontaneous participation reduced. They are more attracted to mobile phones. The direct interpersonal communication is also reduced. These students' behavioural problems were encountered in the activities.